Small Counseling Groups I may offer at different times during the school year:

- **Cool Heads (Anger management)**
- Friendship Circle (Friendship Skills)
- Family Changes (Divorced Parents)

Stressbusters (Stress Reduction)

- Saying Goodbye (Grief and Loss)
- Deployment (Children with a loved one
- deployed in military service)
- Social Buddies (Social Skills, Manners, Ways to get along with others)
- **Smart Thinkers (Listening Skills, Academic Development)**

Programs I May Offer or Be Part Of:

School-Wide Positive Behavior Support Program **True Colors Week**

The Great Kindness Challenge **Career & Skills Awareness Program TSS Coordinator within School Setting**

Resource Information for Parents Auto-B-Good Character Education Program Popcorn Park Character Education Program Kelso Problem-Solving Skills Program

teachers, students, and parents!

Note: School Counselors support

How Can I Visit The School Counselor?

- I can ask my teacher to schedule a time to meet with the Counselor
- I can stop by to visit the Counselor
- My caregiver or parent can schedule a time for me to meet the Counselor



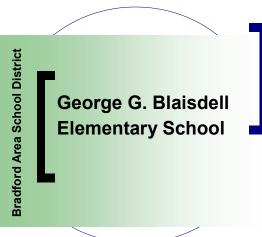
School

Elementary School Counselor 265 Constitution Avenue Bradford, PA 16701 (814) 362-6834 FAX: (814) 362-5485

WEB PAGE:

Melissa Olearchick







Counseling **Program** Pre-K—2nd Grade

School

Elementary School Counselor

I Can Talk With Students About:

- Feelings and Thoughts
- Death in the Family or Pet Death
- Friendship Trouble

Divorce

- **Bullying and Teasing Problems**
- When a Loved One Goes to Jail or Prison
- Loved One is Deployed in Military
- Counseling Lesson Topics: • Friendship Skills
- **Drug and Medicine Awareness**
- **Problem-Solving Skills**

- **Career Awareness**
- **Character Education**
- **Safety Awareness**

Safety Skills / Strangers

- **Anger Management Skills**
- Manners / Social Skills
- **Bullying Awareness**

Purpose of Counseling for Students:

- Help you by listening to your problems and concerns
- Explore your feelings and how you had a good or awful day
- Provide a safe place to talk about
- anything • Provide trusting relationships
- Develop academic, social, and

friendship skills

- Explore what you think about yourself (self-concept / self-esteem)
- Help you be a success at school



Confidentiality Means:

Counselor stays private and is never said to anyone else with 3 limits:

Whatever you talk about with the

- 1. {Harm Self or Others} if you plan to hurt yourself or someone else
- 2. {Child Abuse} if someone is hurting you or someone you know
- 3. {Court} if a judge subpoenas the Counselor to talk about our counseling sessions together

If any of these 3 things happen, the Counselor will have to break confidentiality and tell someone who can help you right away! So, you can be <u>SAFE</u>.



School Counselors must follow confidentiality!