

Small Counseling Groups I may offer at different times during the school year:

- Cool Heads (Anger management)
- Friendship Circle (Friendship Skills)
- Family Changes (Divorced Parents)
- Saying Goodbye (Grief and Loss)
- Stressbusters (Stress Reduction)
- Deployment (Children with a loved one deployed in military service)
- Social Buddies (Social Skills, Manners, Ways to get along with others)
- Smart Thinkers (Listening Skills, Academic Development)

**Programs I May Offer or Be Part Of:**  
School-Wide Positive Behavior Support Program  
True Colors Week  
The Great Kindness Challenge  
Career & Skills Awareness Program  
TSS Coordinator within School Setting  
Resource Information for Parents  
Auto-B-Good Character Education Program  
Popcorn Park Character Education Program  
Kelso Problem-Solving Skills Program

**Note: School Counselors support teachers, students, and parents!**

- ### How Can I Visit The School Counselor?
- I can ask my teacher to schedule a time to meet with the Counselor
  - I can stop by to visit the Counselor
  - My caregiver or parent can schedule a time for me to meet the Counselor



George G. Blaisdell Elementary School

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Bradford Area School District

George G. Blaisdell Elementary School

Melissa Olearnick,  
School Counselor  
Pre-K—2nd Grades

School Counseling Program  
Pre-K—2nd Grade

# Elementary School Counselor

***I Can Talk With Students About:***

- Feelings and Thoughts
- Death in the Family or Pet Death
- Friendship Trouble
- Divorce
- Bullying and Teasing Problems
- When a Loved One Goes to Jail or Prison
- Loved One is Deployed in Military

***Counseling Lesson Topics:***

- Friendship Skills
- Drug and Medicine Awareness
- Problem-Solving Skills
- Career Awareness
- Character Education
- Safety Skills / Strangers
- Safety Awareness
- Anger Management Skills
- Manners / Social Skills
- Bullying Awareness

***Purpose of Counseling for Students:***

- Help you by listening to your problems and concerns
- Explore your feelings and how you had a good or awful day
- Provide a safe place to talk about anything
- Provide trusting relationships
- Develop academic, social, and friendship skills
- Explore what you think about yourself (self-concept / self-esteem)
- Help you be a success at school



***Confidentiality Means:***

Whatever you talk about with the Counselor stays private and is never said to anyone else with 3 limits:

1. {Harm Self or Others} if you plan to hurt yourself or someone else
2. {Child Abuse} if someone is hurting you or someone you know
3. {Court} if a judge subpoenas the Counselor to talk about our counseling sessions together

If any of these 3 things happen, the Counselor will have to break confidentiality and tell someone who can help you right away! So, you can be SAFE.



**Please Note:  
School Counselors  
must follow  
confidentiality!**